

# DATA SHEET

## RUNPO 5 + RUNPOFIX SET HOOK

Profi cable pulling system for pipe DM 16mm - 40mm  
Item no.: 11142



[VIDEO](#)  
  
 RUNPO 5  
[Click here Video](#)

[VIDEO](#)  
  
 RUNPOFIX  
[Click here Video](#)

[Click here Productinformation](#)

Description RUNPOFIX see page 2

Application examples

**Almost breakproof**

**Advantages over fiberglass**

**Strand + pressing + RUNPOGLIDER**

### DATA

ITEM NO.	11142
LENGTH	30 m
WEIGHT KG	1,54 kg
DIMENSION mm	H 55 x B 315 x T 395 mm
MATERIAL	triple twisted special plastic tape
Ø ROD	5,3 mm
BENDING RADIUS	15 mm
TOTAL BREAKING LOAD	270 kg
TUBE DIAMETER	for pipe dimension 16 mm - 40 mm
EAN-Code	9120045476651

### ADVANTAGES

- ✓ 50% less frictional resistance
- ✓ 270 kg Total breaking load
- ✓ Virtually break-free even with the tightest radii
- ✓ Advantages compared to glass fibre rod no buckling, sticking => time savings
- ✓ Guide tip (RUNPOGLEITER) with integrated twist compensation
- ✓ 2 RUNPOGLEITER with twist compensation at the start and end of the spiral

### DESCRIPTION

The RUNPO5 is another innovation by RUNPOTEC and a genuine "all-rounder". The patented viewfinder tip, the RUNPOGLEITER with twist compensation allows even the tightest radii to be overcome, with a total breaking load of an incredible 270 kg in relation to the entire pulling system. The special plastic strap with a diameter of 5.3 mm and a triple twist has an even better shearing effect than the 3 mm glass fibre rod; the frictional resistance is only half the normal value due to spot contact. Labour- and time-consuming repair work is no longer necessary, as this cable pulling system is virtually breakage-free. The RUNPO5 can be stored in a very practical box in lengths of 20 m and 30 m. The 40 m RUNPO5 strap cannot be stored in the box.

**Optimal field of application:** for pipe dimensions 16 mm - 40 mm

**Application video:** a short, very informative application video can be viewed by scanning the QR code or on [www.runpotec.com](http://www.runpotec.com).

**Scope of delivery:** RUNPO5 in plastic box - all RUNPO 5s are delivered from the factory with 2 x RUNPOGLEITER with twist compensation at the beginning and end of the spiral.

### INFORMATION

#### Compatible accessories:

#### RUNPO5 Strap

- 20 m | 20240
- 30 m | 20241
- 40 m | 20242



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#### RUNPO Z

- Ø 4 - 6 mm - 20272
- Ø 6 - 9 mm - 20273
- Ø 9 - 15 mm - 20274



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# DATA SHEET


## RUNPOFIX with hook – SET

cable pulling loop with protective cap

Item no.: 10159




**VIDEO**



RUNPOFIX

Click here Video



Outer Ø 14 mm


Outer Ø 17 mm

Outer Ø 23 mm


Outer Ø 30 mm

Click here Productinformation


**1 Application examples:**




**2**




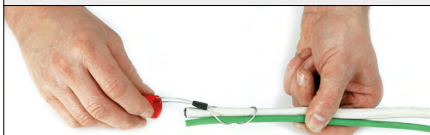


**3**



**4**



Does not happen with protective cap



### DATA

ITEM NO.	10159
PROTECTIVE CAPS INNER Ø MM	12 mm   15 mm   20 mm   27 mm
PROTECTIVE CAPS OUTER Ø mm	14 mm   17 mm   23 mm   30 mm
FOR PIPE Ø mm	20 mm   25 mm   32 mm   40 mm
TOTAL WEIGHT KG	0,039 kg
LOOP	can be adjusted flexibly
ROPE DIAMETER	1,5 mm   Stainless steel
PROTECTIVE CAP MATERIAL	Special plastic

### DESCRIPTION

RUNPOFIX - cable pulling loop with protective cap and hook. Flexible loop made of stainless steel with Ø 1.5 mm. Easy attachment of cables to the loop.

The protective cap allows cables with plugs to be pulled through pipes or other situations while protecting the plug.

The hook makes it possible to fasten RUNPOFIX cable pull-in loops to all products with RUNPOGLEITER. (RUNPO 5, RUNPO 1, etc.) Also ideal for fixing or pulling several cables together.

**Optimal area of application:** From 14 mm inner diameter and non-routed cables.

**APPLICATION VIDEO:** You can watch a short, very informative application video by scanning the QR code or on [www.runpotec.com](http://www.runpotec.com).

**Scope of delivery:** 4 piece RUNPOFIX with hook - cable pulling loops with protective cap

### ADVANTAGES

- ✓ Quick attachment to the loop
- ✓ Protects plugs against damage
- ✓ Tensile load transfer to the cable, not to the connector
- ✓ Flexible stainless steel loop
- ✓ Pulling in of preassembled cable with plug possible
- ✓ Thanks to quick-release hooks compatible to all RUNPOTEC products with RUNPOGLEITER

### INFORMATION

**RUNPOFIX with hook** | Single

Item no.: 20628 - 20631

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**RUNPOFIX with RTG 6** | Set 4 pcs.

Item no.: 10154

Click here Productinformation

**RUNPOFIX with RTG 6** | Single

Item no.: 20624 | 20625 | 20626 | 20627

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